



# Virtual Urgent Care

When care can't wait, you can request a \$0 Virtual Urgent Care visit online 24/7, waiting only 21 minutes to see a provider on average. You can use Urgent Care when you have minor illnesses or injuries that can't wait to be treated or that can be fully addressed in one or two visits.



Just like primary care doctors, urgent care doctors can diagnose your issue, prescribe medications, and give you recovery instructions. If they feel it's necessary, they may also tell you to schedule a follow-up appointment with your primary care doctor so that they can help you manage your full recovery. They can also temporarily refill most maintenance medications if you are in transition to a new doctor or insurance plan.

With Virtual Urgent Care, you can see a doctor without needing to leave your home or waste time in traffic or waiting rooms. Our urgent care services are available to all Health Karma members and any dependents age 2 and older.

Some examples of illnesses that can be treated with Virtual Urgent Care are:

- Allergies
- Stomach flu, vomiting, and diarrhea
- Respiratory infections
- And many more!



This is not insurance

**Thin Blue Line Benefits members**  
**CALL 877-870-7587**